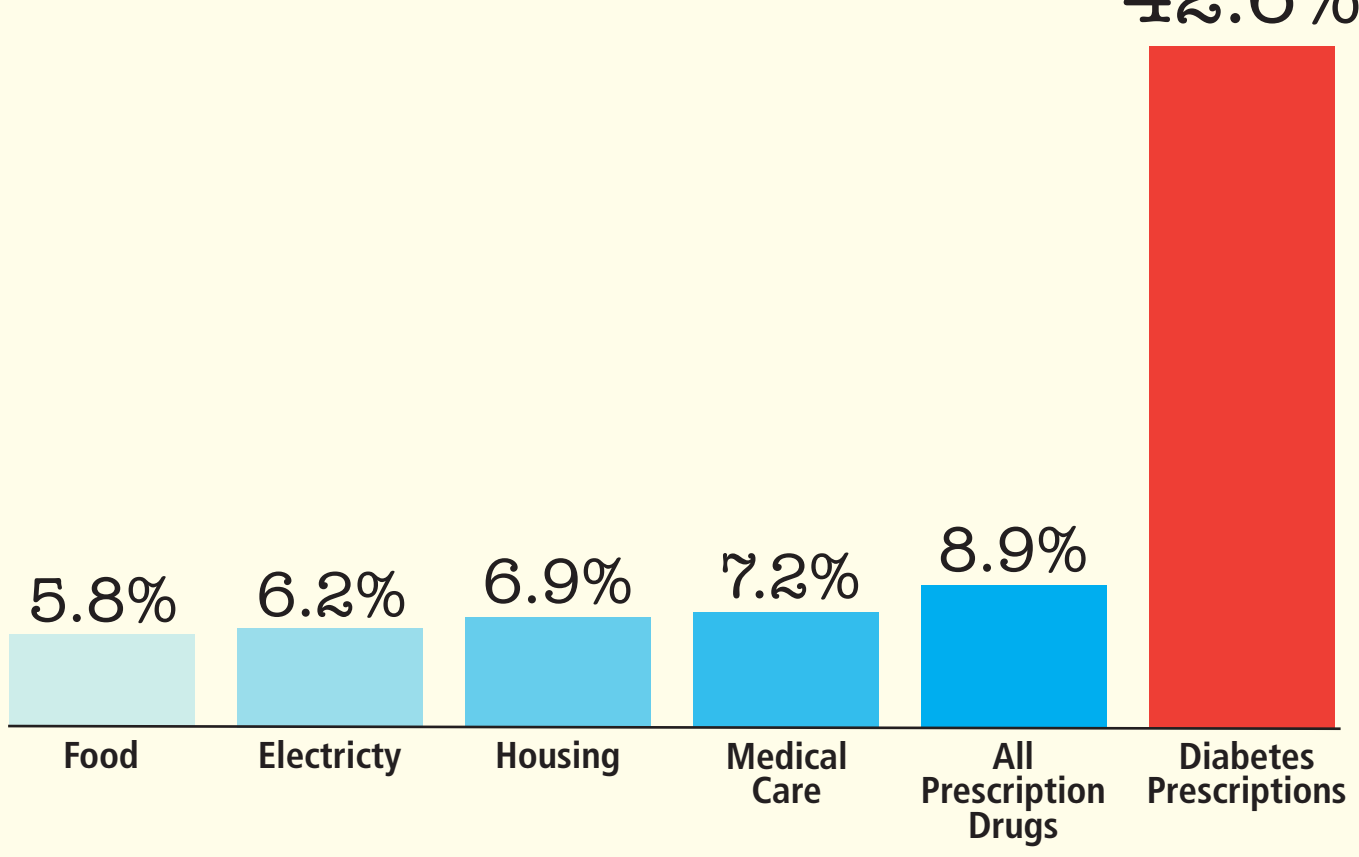


The Soaring Price of Diabetes Prescriptions in Upstate N.Y.



Increase in average prices 2012-2015



The total upstate cost of diabetes prescriptions and supplies in 2015 was

\$1 billion

Spending on diabetes prescriptions in the U.S. is estimated to increase **18%** in 2016.

Who is impacted?

387,000 adults
(10% of upstate N.Y. adults have diabetes)



What's driving this?

The prices set by the pharmaceutical industry for brand name drugs that treat diabetes average **33x** the cost of generics...and many of those medications do not have generic alternatives. That's why brand name drugs account for **96%** of drug spending on diabetes.



What can you do?

Ask your pharmacist about 90-day supplies, automatic refills and medication home delivery.



Check your insurance drug formulary to learn about **lower-cost options.**



Talk to your doctor about generic equivalent or lower-cost alternatives.

Adhere to all of your medications. Use a pill box and set reminder alarms to help you remember to take your meds.

